

BREASTMILK

A MIRACLE YOU CAN SHARE



GUIDING YOU TO **BETTER**

Hannibal Regional

Chris Coons
Women's Care Center

6500 Hospital Drive, Hannibal, MO
573.406.2122
hrhonline.org

HRH239



GUIDING YOU TO **BETTER**

Hannibal Regional

Chris Coons
Women's Care Center

YOU CAN MAKE A DIFFERENCE

in the life of a premature or medically fragile infant by becoming a breast milk donor.

The Chris Coons Women's Care Center at Hannibal Regional serves as a breast milk depot, where donors can bring breast milk for shipping to a milk bank. At the Milk Bank, the milk is processed, pasteurized and distributed to infants across the country in need of this vital resource.

For some babies, it is the difference between life and death.

IT'S EASY TO BECOME A BREAST MILK DONOR

It only takes a few simple steps:

- 1** Call The Milk Bank at 317-536-1670 to participate in a telephone health screening and arrange for form completion.
- 2** Complete the potential donor packet and obtain the signatures of the healthcare providers for the baby and the mother.
- 3** Contact Diane Bibb, MSN, Lactation Consultant for Hannibal Regional Chris Coons Women's Care Center at 573-406-2122 to schedule a one-time blood test, free of charge.
- 4** Receive Donor ID number.
- 5** Make arrangements to deliver your frozen breast milk to the Hannibal Regional Chris Coons Women's Care Center. Depot drop-offs must be pre-arranged to ensure timely shipping. Appointments may be scheduled through the Breastfeeding Warmline at 573-406-2122.

MILK BANK DONOR REQUIREMENTS

- In good general health
- Non-smoker - no use of any Nicotine products
- Negative blood test for viruses (Prenatal results are NOT used)
- Limited use of medications during the time milk is collected for donation. Medications safe for use during donation will be determined during the first phone health screening
- Limited consumption of caffeine or alcohol
- Willing to donate a minimum of 100 ounces before baby's second birthday
- Medical release forms signed by mother's and baby's doctors (forms supplied by the milk bank)
- Milk can be frozen in a standard refrigerator freezer for six months prior to donation or up to ten months prior if stored in a stand-alone deep freezer.

CONTACT US

If you are interested in learning more, visit themilkbank.org/donate or contact:

Diane Bibb, MSN, RN, IBCLC,
Lactation Consultant

573.406.2122